

Appendix D: Mini Practice Presentation

Activity for Topic 8: Group facilitation and program planning

Divide the group into teams of three. Each team chooses an object to talk about. The group will have a short time to prepare a one minute talk about the object. Teams will then be asked to deliver the presentation to the class.

Organize your presentation

Effective presentations are organized into three parts:

Introduction: Captures attention and provides an outline of the presentation. By asking questions, you can learn what the audience already knows about the topic.

Body: Present two or three key points about the topic. Use creative ways to illustrate your points.

Conclusion: Summarize the main points. Provide an interesting wrap-up.

Delivering your presentation

- One person to deliver the introduction, one person to deliver the body, and one person to deliver the conclusion.
- Be sure to stick to the one minute time limit.
- Try to speak without using your notes. Speak clearly and naturally. Maintain eye contact with your audience. Be yourself.

Adapted from the Community Food Advisor Training Manual, 2008