

Appendix G: What next?

Activity for Topic 9: Community Food Actions

Have the participants share in writing, ways in which they feel they may use the knowledge and skills gained through the Community Food Mentor session. These can be changes they may make in their family life, organization/job or in their community as a result of participating in the program.

Distribute three different colored post-it notes to participants for them to work individually on the changes they will make or action they will take:

- Yellow post-it: Family
- Blue post-it: Organization/job
- Pink post-it: Community

Ask participants to bring their post-it notes to the wall, and asking participants to share their answers.

Conclude the activity by initiating a group discussion on other ways they can use the knowledge and skills they gained through the Community Food Mentor program.