



# New Brunswick Food Security Action Network Meetings

## MINUTES

September 26, 2014 in Fredericton (Meeting was in English)

Location: Greener Village Community Food Centre- 686 Riverside Drive

### MORNING:

<p><b>WELCOME &amp; Meet and Greet</b></p> <p><b>9:30 am- 10:00 am</b></p>	<p><i>Informal period of meeting. Provides extra time for those traveling from afar.</i></p> <ul style="list-style-type: none"> <li>• Coffee and beverages provided.</li> <li>• Meet and greet.</li> <li>• Attendees to look over agenda, have a look at resource table, and contribute to the upcoming events calendar and programs and partner directory.</li> </ul>
<p><b>ROUNDTABLE and review of AGENDA</b></p> <p><b>10:00 am- 10:30 am</b></p>	<p><b>Jessica Bowie-</b> Nutrition background- UPEI</p> <p><b>Jessica Sargent</b> –Dietitian in Miramichi- Chair of Northumberland Food Security Network. Student did an inventory of food actions happening in the area. Working on food projects. Looking to apply for funding for collective kitchen. Fresh from the farm, cooking with the seasons.</p> <p><b>Lucie Chiasson-</b> Northumberland food security network. Has a Facebook site that is kept up to date daily. Want to have a regional site on the NBFSAN website. Mapping to expand.</p> <p><b>Arlene Basker</b> – Community Kitchen</p> <p><b>Teri Emrich-</b> Office of the Chief Medical Officer – Food security is a priority area of the nutrition framework. Health equity is a larger piece of the work Teri does.</p> <p><b>Susanne White-</b> Community Inclusion Network. More details to come later.</p> <p><b>Nicole Arseault- Ag. Alliance</b> .Open Farm Day. Over 14000 people visited farms this year. (huge increase from 6 000). Promote awareness of farming in Moncton. Buy Local website support. Regional and annual meetings. Lobby organization for the farmers</p> <p><b>Jessica McMackin-</b> Involved with CFM program. Supporting</p>

growth in community food actions done by CFMs. Created newsletter. Brought together CFMs for a regional reunion.

**Cliff Gunn** – Interviewer at Greener Village. Community Food Mentor. Involved in teaching kitchen. Organizing and co-facilitating the next CFM kitchen.

**Renee Cool** – Registered Dietitian in Oromocto.

**Bob Gracie**- Programs Coordinator for the NBFSAN. Support CFMs and Community Food Actions. Hoping to connect groups together and support programs that improve food security in the province.

**Mary Britten Belding**- VON Healthy baby and me. Involved with CFMs in Moncton when it first started. Sussex was on of the first CFMs. New CFM program in Hampton area. All staff is CFMs.

**Janet Hamilton**- Mapleton Teaching Kitchen. Will be helping with CFM in Sackville.

**Aaron Shantz**- Coordinator with Westmorland Albert Food Security Action Group. Working on school nutrition and farm to school programs. Supporting CFMs, supporting community gardens. Involved with some Municipal food policy efforts

**Rick Hutchins**. New Managing Director.

**Kelsey Wilson**- Coordinator for Farm to School NB. 8 new farm to school programs.

**Allison Juta**- CFM. Cooking a preserving food . Teach for the food bank and the Community Kitchen. SPADE group- taken on social enterprise on sunrise farms. Greenhouse to commence next week. Educating people to become farmers.

**Aimee Foreman**- Facilitator and strategist- working on food security initiatives in the Fredericton area. Working on a “food policy group”.

**Katie Jewitt**- Community researcher. “Where do people in Fredericton get their food” Mapping project. Trained as a CFM and will help with next Fredericton CFM training.

**Scott MacAfee**- ESIC/CIN Has been involved with the network since 2006. CFM. Looks at poverty reduction

	<p><b>Tyler Martin-</b> Coop student with Greener Village. Feed the Lions group. Work with culinary students to make lunches for students who don't have lunches.</p> <p><b>Shannon Adams-</b> Works with Community Kitchen in Greener Village. Wants to take the opportunity to decrease those experiencing food insecurity.</p> <p><b>Nicole Leblanc-</b> Department of HIC- Increase healthy eating through increasing food security. Community Food Action Programs- funds community solutions to food security. Involved with CFM program. New NB Wellness Strategy. NB has come up with the strategy through consultations- moving away from pillars that are dictated by the government. Focuses on the determinants of health.</p> <p><b>Rhonda Broad-</b> Working with Public Health to supervise a culinary food kitchen with the multicultural association. Great experience with lots of learnings.</p> <p><b>Stephanie Merril- Conservation Council Buy Local NB-</b> more details provided later.</p>
<p><b>LOCAL HOST UPDATES</b></p> <p><b>10:30 am- 12:30 pm</b></p>	<p><i>NBFSAN meetings will now commence with a local host update to provide extra context of food security in that area. Meetings will rotate across the province to ensure each region can be highlighted.</i></p> <p><b>Aimée Foreman and Kate Jewitt (Fredericton Area Food Initiative)</b> In Fredericton: Mapping assessment complete. They are now exploring what are the next steps, what are the opportunities to taking steps forward with the city. Their largest challenge will be to secure leadership for the group to guide the process. Next step is to move towards food strategy, or food action plan, maybe even a policy or charter.</p> <p>In Moncton (Aaron Shantz): Food security was included in City Plan. They approached the WAFSAG to do a presentation on food security, since they didn't feel that they had the expertise on it. Working with the regional service descript to map partners and then engage those people.</p> <p>Food Secure Canada: Hosting municipal food policy workshops.</p> <p><b>Susanne White (Community Food Smart):</b> Food Box program out of Fredericton. 12 distributors. Distribution centers send volunteers to pack and bring back bags. Central ordering site run</p>

in partnership with United Way and CÉ D'ICI. \$15 bag would cost \$35. Great volunteer opportunity for businesses. 2 HUBS- One in Fredericton and one in Oromocto. On their website, there are links on how to start a program.

**Renée Cool (Community Food Mentors-Fredericton):** PPT. Presentation provided. <http://www.nbfoodsecurity.ca/about-us-2/meetings/>

Question: How do we provide the same experience for rural communities, who may not be able to do as many projects based on resources.? Sometimes the training doesn't have to have the same reach. It can be more for personal food security growth. Small scale improvements are important too. Reunions, one on one conversations, and newsletters are very helpful too.

**Stephanie Merrill (Buy Local NB- Conservation Council):** Buy local NB website is now live in English and French. <http://buylocalnb.wpengine.com> Data is still being populated on the site.

**Levi Lawrence (Real Food Connections):** Laying infrastructure to help distribute and access more local food. Expanding Real Food Connections and opening it to include \$1000 shareholders. Information can be found here: <http://nbfoodgeek.ca> Needs to raise \$220 000 by end of October to see this become a reality. Share the information!

**Elizabeth Crawford:** Greener Village Community Food Centre- not only a food bank but also includes a teaching kitchen, educational workshops, and really caters to the needs of the community.

**Lunch  
12:30 pm -  
1:00 pm**

**Light snacks and beverages provided.**

## AFTERNOON:

<p><b>NETWORK UPDATES</b></p> <p><b>1:00 pm- 3:30 pm</b></p>	<p><i>Network staff to provide information on the operations of the network, new provincial opportunities and initiatives, and efforts made to achieve a NB that is informed, engaged, and connected in food security for all.</i></p> <p><b>1:00-1:45: Review of newly revised NBFSAN Strategic Plan</b> Group reviewed newly revised strategic plan components: Vision, Mission, Values, and Strategies. Please see PowerPoint: <a href="http://www.nbfoodsecurity.ca/about-us-2/meetings/">http://www.nbfoodsecurity.ca/about-us-2/meetings/</a></p> <p><b>1:45- 2:30: Review of NBFSAN Deliverables for 2014-2015:</b> Group reviewed new deliverables (see document posted on <a href="http://www.nbfoodsecurity.ca/about-us-2/meetings/">http://www.nbfoodsecurity.ca/about-us-2/meetings/</a>) and answered the question “As a network member, how do you want to contribute to the Vision of the network? <i>Vision: A NB that is connected, informed and engaged in food security for all.</i>”</p> <ul style="list-style-type: none"><li>• “To contribute to the networking of other areas to establish food security programs in their area: Collective kitchens, teaching kitchens, FFC, CFU. Reaching out to communities”</li><li>• “Leverage my own networks to connect more Public Health Registered Dietitians to local/provincial food security actions”</li><li>• “Share info, build/collect Farm to School enthusiasts, share, create, collect resources”</li><li>• “Be part of governance board” (Nicole Leblanc)</li><li>• “Find alignment of provincial strategies to NBFSAN structure”</li><li>• “To continue to represent our agency at the provincial level which allows me to disseminate (connections) the information to our staff and participate in the continuation of Community Food Mentor initiatives (engagement). Also, I can participate in the strategic planning process as I enjoy the evaluation and development of workplans, etc.”</li><li>• “Contribute to the governance model” (Aimée Foreman)</li><li>• “Mobilize local Food Security Initiatives” (Jessica Sargent)</li><li>• “Breakfast programs”</li><li>• “Contribute to capacity within the network” (Aimée Foreman)</li><li>• “Researching best practices. Sharing and connecting with networks (CFM, etc.)” (Katie Jewitt)</li><li>• “Provide emergency food to people in need” (Fredericton Food Bank).</li></ul>
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- “Inform Community Food Action recipients of Regional Wellness Consultants”
- “Share success stories from Community Food Actions, Community Food Mentors, Regional Wellness Consultants, Wellness networks”
- “Support the monitoring/reporting of food insecurity indicators through my work in the Office of Chief Medical Officer of Health” (Teri Emrich)
- “Build Farm to School network through listserv, connecting Farm to School activities back to NBFSAN” (Kelsey Wilson)
- “Connect with Community Food Mentors and engage them to work together, share ideas and information”
- “Connect with partners within the NBFSAN”
- “Facilitate sharing information on grassroots level”
- “Reach out. Initiate contact with community organization which experience food insecurity and connect them with opportunities for training/food actions.”
- “Feeding more people. Especially those in rural areas in our region” (Aimée Foreman).
- Support NBFSAN programs (i.e. Farm to School, etc...) through my work as a Public Health Dietitian” (Jessica McMackin)
- “Be a link between the provincial and regional network”
- “Helping to scale impact. Sharing learnings between communities”
- “Contribute to the network: 1. Increase awareness of NBFSAN resources in my area and within my own network in terms of food security opportunities. 2. Share resources with new entrants and seniors” (Alison Juta)
- “Connect, share ideas between local and provincial networks (e.g., success barriers, etc...)” (Jessica Sargent)

**Question: What do you need from this network?”**

- “Leadership on shared measurements for food programs across the province.”
- “ Deliverables” column for network members (in addition to staff deliverables)
- “The NBFSAN does not need to track every Community Food Action or program, rather its role is to act as a connector by increasing knowledge exchange, and relationships between community partners. To do so at a provincial level, the NBFSAN can draw on network members and key community stakeholders.”
- More engagement in the North Francophone communities.

	<p><b>2:30- 3:00: Programs Coordinator Update:</b></p> <ul style="list-style-type: none"> <li>• Evaluation framework created for community mentor program. Identified what will be measured and how it will be measured. Will help to track learning what's actually happening as a result of these trainings. These learnings will help to better support CFM programs.</li> <li>• CFM Facilitator toolkit needs to be revised based on the results of the evaluations 2 key resources were identified that could easily be added to the toolkit: 1.Program Design checklist would be added to incorporate a philosophy checklist. 2. Participant selection checklist: A resource to help increase diversity in community recruitment and to help identify strengths in the community.</li> <li>• A CFM group is presenting at the Food Secure Canada Assembly. We will also explore the options and setting up satellite locations for live video streaming to encourage groups to come together and learn together/ promote discussion.</li> <li>• CARE/SANES is an initiative that focuses on health interventions at an early level with families. They are exploring ways to incorporate CFMs in the interventions and would pay CFMs to conduct workshops, programs. Bob is looking into this opportunity.</li> </ul> <p><b>3:00-3:30: Farm to School Network Coordinator Update</b></p> <ul style="list-style-type: none"> <li>• 8 new Farm to School Projects across NB. Information about these schools will be coming out in October.</li> <li>• NB Farm to School Advisory Committee was established in spring to help determine how the projects would carry out in NB. This group is die to meet again and determine committee members (with broader representation) and to adopt the Terms of Reference for the group.</li> <li>• NB Farm to School Network is growing. Kelsey is keeping track of names and sending her monthly e-newsletter to those who express interest. A link to the e-newsletter is also included in NBFSAN e-newsletter.</li> <li>• October is Farm to School Month! Learn more here: <a href="http://www.farmtocafeteriacanada.ca/farm-to-school-month/">http://www.farmtocafeteriacanada.ca/farm-to-school-month/</a></li> </ul>
<p><b>Adjournment and next meeting date</b></p> <p><b>3:30 pm</b></p>	<p><i>Drive safe everyone and see you next time!</i></p>

**Do you have a topic you'd like to present at an upcoming network meeting? Please let us know!**

**[coordinator@nbfsan-rasanb.ca](mailto:coordinator@nbfsan-rasanb.ca)**